



Annual Report
2015

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Letter from Executive Director

Dear Friends,

Thank you for making 2015 yet another great year for MHA. Our Board and Staff have done an incredible job in strengthening our mission and serving those with mental illness and substance additions. MHA remains strong with the help of our community and volunteers working together to donate their time, talent and resources.

Despite tough economic times in 2015, MHA was able to enhance the viability of our programs. Fundraising efforts improved and our memberships and donations increased. Our newly implemented Community Education Speaker Series has become well attended and highly anticipated. Each year, over 4,000 individuals are served through the programs of MHA. We encourage and promote healthy living, both mentally and physically. Our services are offered within our immediate community however our reach expands to the surrounding parishes and throughout the state.

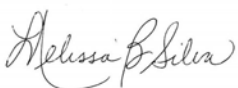
MHA just completed the 2nd year of our CARF Accreditation. The value of CARF accreditation is more than a certificate hanging on the wall. CARF accreditation is evidence that MHA strives to improve efficiency, fiscal health, and service delivery -- creating a foundation for consumer satisfaction. We pride ourselves with putting those we serve first.

We have worked to successfully achieve goals defined within our strategic plan and will implement a new plan in 2016. MHA continues to partner with other community agencies to serve those most in need. Other goals include increasing community awareness and education with respect to mental illness and substance addiction. Nationally, much recent attention and focus has been on mental health, particularly the lack of services and access to care.

We encourage our community and supporters to remain dedicated to our mission. Join us in our efforts to fight the negative stigma surrounding mental illness and addiction. Help us advocate for the men and women struggling with these diseases. As MHA continues on our path, you remain key to our success.

Thank you for your continued support and dedication.

Best,



Melissa Silva

About Us

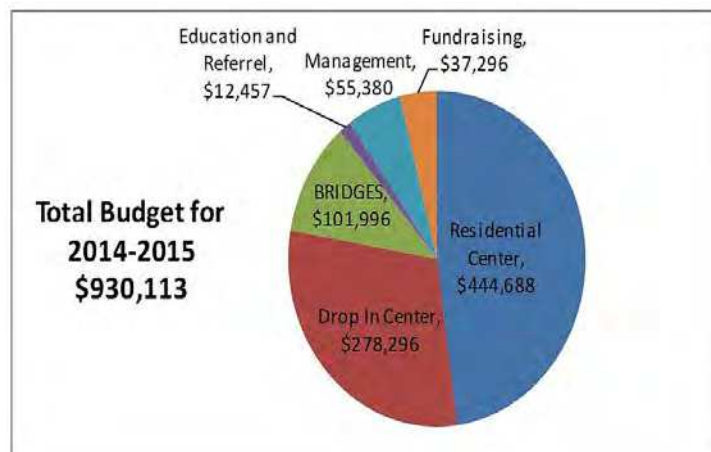
From our beginnings in 1954 as an advocacy/education organization, MHA has grown to include programs for adults with mental illness and substance addictions. MHA empowers clients by engaging them to develop their independence and self-sufficiency. With these skills, clients are able to live in the least restrictive environments of their choice in the greater Baton Rouge community. We take our stewardship seriously: 93 cents of every dollar received directly supports our programs and services. MHA offers three main programs: BRIDGES, the Alliance House Residential Center, and the Alliance House Drop In Center. In addition, MHA continues to act as a referral, advocacy, and educational resource for the community.

The BRIDGES program, operating for 18 years, provides peer-run educational classes and support groups for persons with mental illness statewide.

The Alliance House Residential Center (community housing), operating for more than 30 years, is a transitional living facility for men and women with substance addictions and co-occurring disorders (both mental illness and substance abuse). The 24 residents must work full time and are provided room, board, and support services (such as financial management, job placement, and assistance with independent housing). Once a resident completes the 3 to 6 month program, staff continues to offer support for an additional twelve months. In 2015, 52% of Alliance House Residential Center clients remained alcohol and drug-free one year post discharge. Nationally, only 20% of clients discharged from drug and alcohol programs remain drug free after 6 months.

The Alliance House Drop In Center (consumer-run) provides a safe, supportive community of social, educational, and recreational activities via an adult day program. In 2015 our success rate in keeping our clients stable and out of the hospital was 100%, saving the Baton Rouge community more than \$1,000,000. Last year, 90% of our clients reported Self-Esteem and Quality of Life improvements as a result of our community-building activities.

Our Budget



Friends of MHQ 2014-2015

Funders:

Capital Area Human Services District
Capital Area United Way
Louisiana Rehabilitation Services
Office of Behavioral Health

Grants:

The Cordell and Ava Haymon Fund
Credit Bureau of Baton Rouge
Enterprise Holding Foundation
William Edwin Montan Trust
Randolph Querbes Charitable Trust
Huey and Angelina Wilson Foundation

Donors

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Kevin Guidry
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Jessica Heroman
Maria Horcasitas
David Jennings
Joseph and Jean Loupe
Linda Lynch
Richard C. Moreland
Neighbors Federal Credit Union
Prudential
Blanchard and Allison Sanchez
Carla Schild
Erin Sigur
Erica Sweeney
Patricia Simmons and Joseph Day
United Way Of Southeast Louisiana
Steve and Maureen Webb

Memorials

Mary Pitre
Janet Kraly
Karen Zarembo
Vietnam Veterans of America Chapter 488
Skipper Lejeune
Cathi Pourciau

Beat the Odds Casino Night & Silent Auction

Sponsors

Adams Investments
American Scanning
Boo Grigsby Foundation
Capital Millworks
Coastal Urgent Care
Country Day School
Dr. Charles Frey
Grand Construction
Hollywood Trucking
Iberia Bank
Investar Bank
ISU MidSouth Insurance
Landry's Landscape
LSU School of Social Work
Manchac Consulting
M & C Oilfield services
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Neighbors FCU
Ochsner Baton Rouge
Jeremy Palmer, CPA
Shobe Financial
Dr. Jon Traxler
Woodlake Addiction Recovery Center

Donors

Absolute Solatube
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Atlantis Reno
Barcadia
Bay Leaf
Bayou Rum
Becky & David Johnson
Becky's Cookie Dough
Bistro Byronz
Bruce Evans
Cajun Electric
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Capitol Millworks
Carter Plantation Golf
CC Lockwood
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Charles Lawler
Chicago Cubs
Cintas
City Pork
Coca-Cola Bottling
Cottage Retreat
Dana Vincent
Darlene Reine
Frame Works Gallery
French Market Bistro

Hawg Hawlers Custom Rods
Heirloom Cuisine
Holiday Hallmark
Hotel Indigo
ISU Midsouth Insurance
Jack Marucci
Jeanne Trum
Jeremiah Rasco
Jim Oakes
Kathryn Chalas
Kendra Scott
L'Auberge Casino Hotel
La Volanta Lodge
Laser Tag
Lauren Taylor
Le Creole
Lisa Lehr
Looking Glass
Louisiana Nursery
Marcy Brown/Obsessed
McIlhenny Company
Meg and John May
Michelle Hirstius
Monogram it
Nicholas Martino
Nola Couture
Oak Alley Plantation
Otter Box
Painting and Pinot
Parkview Guesthouse
Paul Bologna Fine Wine
Pete Nelson
Posh Salon
Pro-Fit Solutions
Quality Litigation Support
Raising Cane's
Rebecca Brumfield
Redbox
Rural Life Museum
Santa Fe Cattle Co/Grand Cinema
Scot McDavitt
Sherri & Dash Short
Smarter Eyewear
Stroube's
Tiger Athletic Foundation
Tiny Prints
Thai Kitchen
Tony's Seafood & Louisiana Fish FryProducts
Total Wellness for Women LLC
Tracy DeOliveira
Velvet Cactus
Victoria Toy Station
Yogalates
Zappos
Zea's
Zorba's

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Udieth Dotson

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Katherine Anders, BRIDGES Co-Director/Drop In Center Program Director

Andrea Dubiel, Executive Administrative

Jeff Hingle, BRIDGES Co-Director/Drop In Center Educator

Jenny Ridge, Development and Communications Director

Debbie Raffray, Personnel/Office Manager

Melissa Silva, Executive Director

Rene Thomas, Program Director, Alliance House Residential Center

